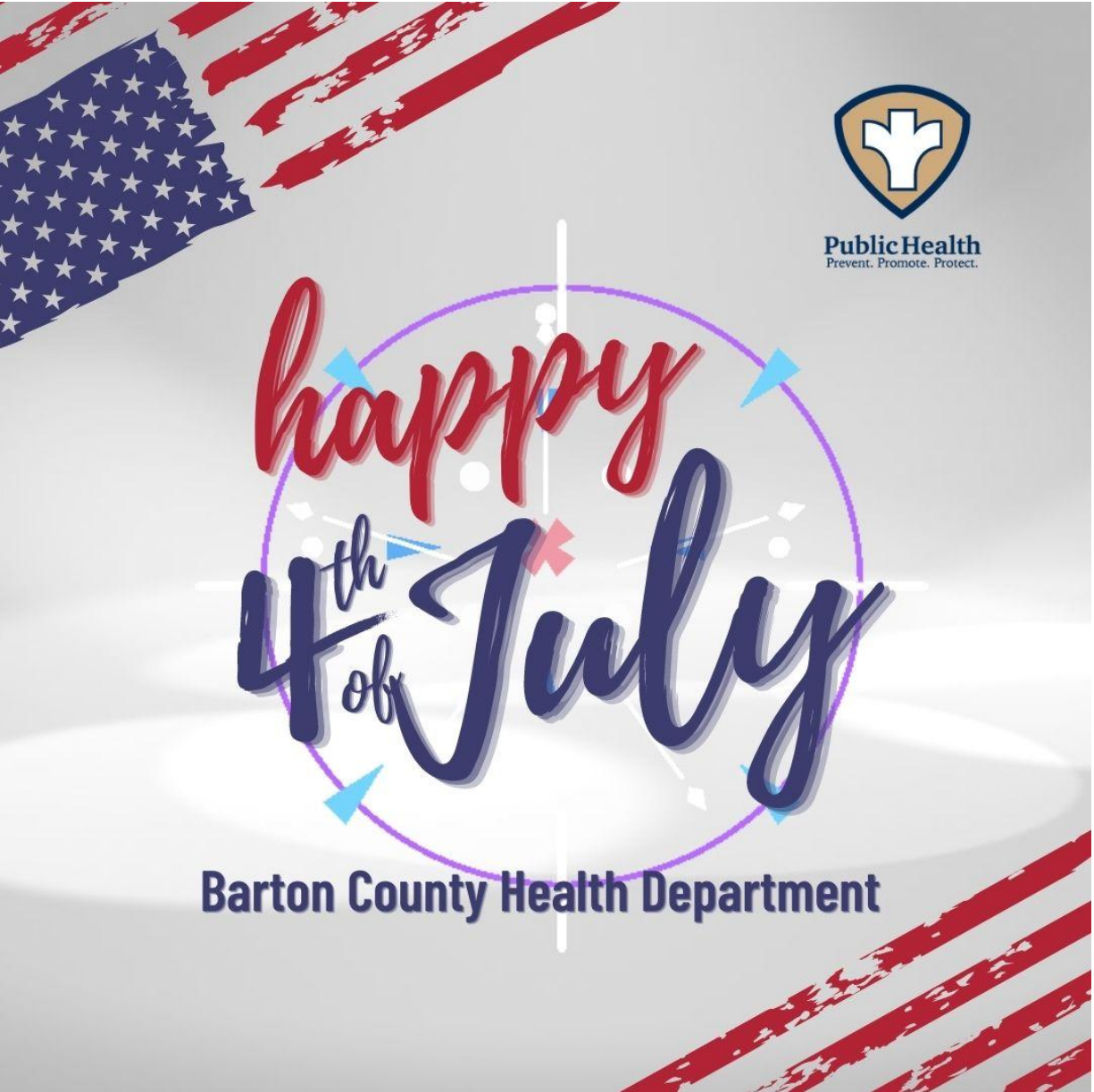




**Public Health**  
Prevent. Promote. Protect.  
Barton County Health Department

Laboratory  
Services

Services We  
Provide



**Barton County Health Department**



# JULY

# 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## MONTHLY PUBLIC HEALTH UPDATE

From Health Department Director Karen Winkelman

**Barton County  
Public Health**



July is about picnics, garden parties, community cookouts, and fireworks. It's all about food, family, friends and fun! Along with those activities, get out and enjoy the Barton County Fair, July 5<sup>th</sup> through 9<sup>th</sup>. Barton County Health Department will have a presence at the event. This is a great opportunity to learn more about the services available at your health department and to interact with the staff. We look forward to visiting with you!

Explore additional information regarding these highlights and more in the featured articles in this newsletter!

Please feel free to visit the department in person or call @ 620-793-1902 if you have any questions.

As always, thank you for your support of Public Health!



# HOME VISITS ARE PROVEN TO



**SUPPORT HEALTHY  
CHILDREN**



**SUPPORT EXPECTING  
PARENTS**



**INCREASE PARENTING  
KNOWLEDGE**

Universal Home Visiting Program is an education home visiting program that provides prenatal and postpartum support to caregivers and their families in Barton County with no out-of-pocket expense to participants. Registered nurses and community liaisons provide education and family support through home and office visits.

How do you sign up?

Complete a phone self-referral by calling (620) 793-1902

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**HEALTH  
&  
CANCER  
SCREENING  
EVENT**

**Saturday, July 15, 2023  
2:00 PM - 5:00 PM**

**Barton County Health Department  
1300 Kansas Ave. Ste. B, Great Bend, KS**

**PROSTATE  
&  
SKIN CANCER  
SCREENINGS**

**TAKE-HOME  
COLORECTAL  
CANCER  
SCREENING**

**BLOOD  
PRESSURE  
READINGS**

**TOBACCO  
CESSATION  
MATERIALS  
&  
MORE!**

This event is **FREE** and open to the public.  
No registration necessary.



**KANSAS FREEMASONS**  
ON THE LEVEL



**MCA**  
MASONIC CANCER ALLIANCE  
*Outreach Network of The University of Kansas Cancer Center*

For more information, contact Greg King:  
620-617-3634 ■ [gking316@live.com](mailto:gking316@live.com)

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**Beat the Back To School Rush!**





# BACK TO SCHOOL IMMUNIZATIONS



## **Kindergarten**

DTap/Polio  
MMR/Varicella  
Hepatitis B  
Hepatitis A  
*Pneumococcal*

## **7th Grade**

Tdap  
Meningococcal

## **11th Grade**

Meningococcal

*Covid-19 Vaccine is Available for Ages 6 months and up*

**Insured or Uninsured-Walk-ins are Welcome!**



Barton County Health Department  
1300 Kansas Ave, Great Bend KS 67530  
620-792-1902 | [ksigler@bartoncounty.org](mailto:ksigler@bartoncounty.org)



Early Childhood  
Programs

Kindergarten-12th  
Grade

# COME JOIN US!

## Barton County Health Department



**Public Health Nurse, RN**



**Public Health LPN**



**WIC Clerk/ Interpreter**

We're looking for new team members with a passion for public health, a willingness to learn and a growth mindset. At the Barton County Health Department, we're proud to offer comprehensive benefits, family focused work environment and ongoing development opportunities.

**Contact us:**  
620-793-1902



**Public Health**  
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# BECOMING A MOM CLASS

This course will discuss healthy pregnancy, labor and delivery, infant feeding, infant care, postpartum health for mothers, and pregnancy nutrition.

For more information call

## Spicy Shrimp Stir-Fry with Zucchini Noodles



### Ingredients

- 2 lb. zucchini noodles
- 1/2 c. low-sodium soy sauce
- 2 tbsp. oyster sauce
- 2 tbsp. sherry or dry white wine
- 1 tbsp. sugar
- 1/4 tsp. red pepper flakes
- 3 tbsp. peanut or vegetable oil
- 1 bunch scallions, whites thinly sliced, greens cut into 2-inch pieces
- 1 1/2 lb. large shrimp, peeled and deveined
- Kosher salt and black pepper, to taste
- 8 oz. baby bell peppers, thinly sliced into rings
- 1 small jalapeño pepper, thinly sliced
- 2 garlic cloves, minced
- 1 tbsp. minced fresh ginger

[Read More](#)



**GET YOUR LIFE BACK**



**MY LIFE  
MY QUIT**

**QUIT VAPING NOW**

Learn  
More



Your reason to quit gets bigger every day.

Did you know the Kansas Tobacco Quitline has a special, free program for pregnant moms?

**Pregnancy & Post-Partum Quit Program**

- \$30 Mastercard gift card mailed to your house after each coaching call completed- *Limited time only!*
- Up to 5 coaching calls during pregnancy and 4 coaching calls post-partum.
- Resources designed specifically to help pregnant moms quit.

For free help to quit smoking and vaping, call 1-800-QUIT-NOW (784-8669).

**KanQuit**  
1-800-QUIT-NOW(784-8669)  
KSquit.org

“Without that close relationship with WIC, I wouldn’t be able to breastfeed.”

—Assa  
WIC Participant



# It's normal to have questions about infant feeding. WIC can help you find the answers.



**BCHD HEALTH ADVISORY COMMITTEE**

**BARTON COUNTY IS ACCEPTING APPLICATIONS FOR TWO FULL TERMS ON BARTON COUNTY HEALTH ADVISORY COMMITTEE UNTIL THE POSITIONS ARE FILLED.**



The Health Advisory Committee shall provide guidance, recommendations, and assistance to the Barton County Health Department staff.

Membership requirements may include allied health or the animal health field. The uncompensated position's term is December 31, 2025.

Return the **signed** application to the Human Resource's Office:  
by mail to: 1400 Main, Room 107,  
Great Bend, KS 67530  
or scan and email  
to [dwatson@bartoncounty.org](mailto:dwatson@bartoncounty.org)

Application

Full Job Descriptions

Application

## Barton County Health Department

1300 Kansas Ave.,  
Great Bend, KS 67530  
+1 620-793-1902

Contact Us



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Barton County Health Department

Barton County Health Department | 1300 Kansas Ave., Great Bend, KS 67530 6207931902

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